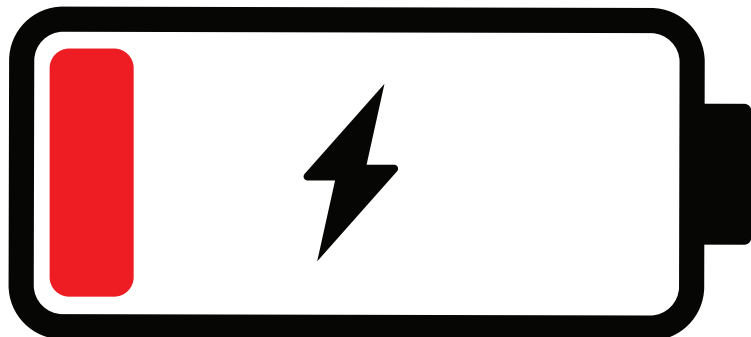


Hvad kræver energi i løbet af min dag/uge?



---

---

---

---

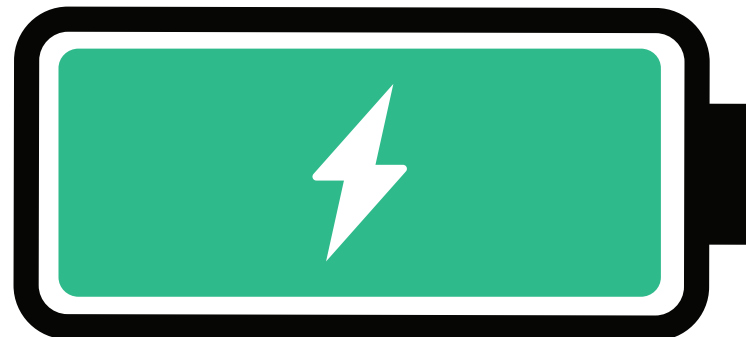
---

---

---

---

Hvad giver energi i løbet af min dag/uge?



---

---

---

---

---

---

---

---